

Moment 'demented' Trump has meltdown live on TV as viewers say 'he's unhinged'

US president Donald Trump left CNN and Fox viewers baffled with his actions during a very public speech.

-Jess Phillips, Jan 7, 2026

EXPRESS 



Donald Trump lost it in another TV meltdown (Image: Getty)

[Donald Trump](#) was accused of being “demented” as he made a series of bizarre actions while giving a speech, broadcast on live TV channels across the world. In his speech to Republican members of Congress at the Kennedy Centre yesterday (January 6), Trump made yet another series of bizarre claims.

It included that captured Venezuelan president Nicolas Maduro copies his famous dance moves – and that his wife Melania hates it when he boogies on-stage. He said: “[Melania] hates when I dance. I said, ‘Everybody wants me to dance’. [She said], ‘Darling, it’s not presidential’. Actually, she said ‘could you imagine FDR dancing?’, she said that to me.

“And I said that there’s a long history that perhaps she doesn’t know. Because he was an elegant fellow, even as a Democrat, right, the attack by Japan, you know, he was quite elegant, but he wouldn’t be doing this, but, but nor would too many others.”

Trump went on to pull a range of strange faces, waving his arms in the air, and [panting loudly into the microphone as he did an impression of someone weightlifting](#).

It struck a chord with viewers of networks like [Fox News](#) and [CNN](#), with one tweeting: “Nothing to see here, just an old demented man who showed up to deliver a speech about policy having a public psychological meltdown and going off script. What illness does Trump have?”



Trump was branded 'unhinged' (Image: Getty)

Another echoed: “I haven't listened to him live in ages. 5 minutes were all I could take. A crazy man is president. Who is really in charge?”

Someone else shared a picture from the moment Trump performed his imitation, writing: “This is a real photo of [Donald Trump](#). A national and global embarrassment.”

“You can’t get any crazier than this. [Donald Trump is sick and unhinged](#),” another social media user said.

Liberal Democrats leader Ed Davey also chimed in, branding Trump “unhinged”, with a tweet that said: “This is unhinged. A 75 year old alliance in NATO is being trashed to serve one man's ego.

Trump is not a reliable ally, he's a reckless bully. Starmer needs a plan B to stand up for Britain and our allies.”